

SPRING 2018



NEWSLETTER

THANK YOU from ALL AT L'ARCHE WAVECREST

MARIANNE LOEWE, BOARD PRESIDENT

We write to you with heartfelt gratitude for sharing your gifts with L'Arche Wavecrest with such constancy. Though this past year was challenging financially for so many in our world community, including our organization, your presence with us has helped to keep L'Arche Wavecrest vibrant, effective, empowering, and expanding. In terms of positively impacting our community with the graced-presence of our Core Members, countless lives have been blessed. Regarding the balancing of our budget, we were able to raise enough funds to exceed our expenses.

Last year L'Arche Wavecrest launched a campaign, "**Building Community: Heart-to-Heart, Home-by-Home**", with the clear purpose of opening additional homes. These words, we think, also help to describe the inspiring way that so many have chosen to live their lives with intention and meaning, generosity and care: you, our gracious and thoughtful donors; our dedicated team: Community Leader/Executive Director, House Leader, Professional Services Leader, Assistants, Volunteers, Board Members; and especially the women and men with special needs with whom we are privileged to share our journey.

We believe that the interconnectedness described above graces our lives in unimaginable and surprising ways... that **together** we build relationships that integrate the lives and gifts of individuals with intellectual disabilities with all sectors of the wider community so that our world will become a place where people live with trust, mutual respect, and always caring for those most vulnerable and with special needs.

THANK YOU!! THANK YOU!! THANK YOU!!



The Way of Rest: Core Member Retreat by Kimmy.

We all know that rest is essential for our lives. But what does rest really mean?

In February, John and I traveled to Federal Way, Washington to attend the annual Core Member Retreat. Core members and assistants from Tacoma, Seattle, Portland, Vancouver, Spokane and Long Island joined us as we retreated into "The Way of Rest", the theme for the three-day retreat.



To start our time together, we all shared something that hinders us from true rest in our lives (different worries, anxieties or obstacles that they face in finding true rest).

Throughout the course, we learned that rest manifests itself in so many different ways. Of course, there is physical rest which we all need to thrive, but we also talked about resting in God, resting in ourselves, resting with each other and resting in love.

John shared that his favorite part of the retreat was a small hike we had the opportunity to take in the forest next to the retreat center. He talked about the hike to the larger group as we wrapped up the retreat. He shared that he wanted to talk about the experience because it was a difficult and steep trail that not everyone in our group could physically enjoy.

One of my favorite parts of the retreat was being able to connect with other L'Arche communities and learn more about their traditions, lifestyles and homes. Sitting down together for meals was always full of laughter and joy as we all enjoyed getting to know our greater L'Arche family.

John and I returned eager to share about our experiences. We were both so grateful to have the opportunity to be a part of something so special.

Lent: A Time for Spring-Cleaning of our Hearts.



“It is a quiet evening, perfect for cuddling up with a novel. As I search the shelf, I am distracted by the accumulation of photos, mementos, and books. My hand reaches for the novel and instinctively recoils – there is dust everywhere! Casually I try to wipe it away, but this only makes it worse. The dust is now all over the shelf and on my sweater. Gone is my desire to read, instead a deep cleaning of the shelf is in order.”

The scenario above seems like a fitting image for what Lent is all about. We lead busy lives which can distract us from God. What are the unnecessary things or habits that I have accumulated in the bookshelf of my heart? What is the dust that is settling on my heart? Am I ready for a spring cleaning of my heart? God desires our undivided attention and our hearts, God who “is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing (Joel 2:13).” - Sister Karin.

A Night of Prayer lead by Hannah

“In January I had the privilege of leading our monthly prayer night. Assistants, Core Members, long-time friends of community, and first time guests came together in the Abraham House living room. In the ordinary space of living we gathered for a sacred night of prayer. As I witnessed everyone responding to the evening’s theme of mercy I realized that my simple preparations were just one means of creating space for people to enter into community with one another and God. It was each person present, and not my plans, that made prayer night what it was. A few moments stand out - the delay in starting so Cathy could make tea for everyone present in honor of the new year; a skit done by Jazz, Chris, and Cathy that brought joy to the actors which spilled out onto their audience (the object lesson of the skit but an accessory); and hearing the prayers of the community lifted up by the many voices around the circle. As people accepted the invitation to be present in this time the ordinary became sacred. In brief, it was a beautiful, ordinary, silly, sacred night of community and prayer.”



SAVE THE DATES



Prayer Night:

6:30 pm – 7:30 pm on 4th Monday of each month.

Community Gathering:

March 10th, April 14th, May 12th, June 9th – No Gathering, July 14th, August 11th, September 8th, October 13th, November 10th, December 8th.

Catch a Wave

We are glad to invite you for the **3rd Annual L’Arche Wavecrest Silent Auction**

- **Date:** Saturday, May 19th, 2018
- **Time:** 11:00 am – 1:00 pm
- **Place:** Motherhouse of the Sister of St. Joseph – 480 S. Batavia, Orange, CA.

How Can You Help?

- ✓ Donate items or services that can be included in the auction;
- ✓ Attend the silent auction dinner and bid on the available items (Ticket: \$35 per person);
- ✓ Sponsor a table (\$280 (\$35 x 8 person)).

For more information please contact:

Jim Morgan

Email: jim@larchewavecrest.org

Phone: (714) 923-1221



Building Community: Heart-to-Heart, Home-by-Home

L’Arche Wavecrest has embarked on an exciting campaign to open another community in 2018.

For more information please contact:

Jim Morgan – Executive Director

Email: jim@larchewavecrest.org

Phone: (714) 923-1221

Visit us at www.larchewavecrest.org