

SPRING 2020



NEWSLETTER



*Wellspring:
An original and bountiful source of
something*

Dear Friends of L'Arche Wavecrest,

Please join us for the
**5th Annual L'Arche Wavecrest
Luncheon and Silent Auction**

Saturday, March 21st, 2020. 11:00 am – 1:00 pm.

Mother Louis Room Motherhouse of the
Sisters of St. Joseph of Orange
480 S. Batavia, Orange, CA.



Our theme this year is celebrating L'Arche Wavecrest's "Spirituality Wellspring, Sourcing Our God", as reflected in the new L'Arche Wavecrest Mandate.

We will use the funds generated from this event for L'Arche USA Core Member Retreats, Gatherings, Workshops, and educational experience so that the values we share with the wider community will deepen in each of us: **DIGNITY, INTEGRITY, EMPATHY, HARMONY WITHIN DIVERSITY, SHARING WITH THOSE MOST VULNERABLE...** to name a few of these value.



The L'Arche Preposition

by Travis Case, Community Outreach Leader

At our last Community Gathering, we gathered around a beautiful prayer of healing directed toward our beloved core member, Cathy. Cathy felt your prayers and appreciates them.

As we have navigated some of her health concerns in this season, we have become well-acquainted with the faithful staff at the hospital. For those of you who have spent any amount of time in the hospital, you know that the dominating activity during one's stay is waiting. One waits for a doctor, waits for a blood draw, waits for routine procedures, waits for food to be delivered, and most importantly, waits to be discharged.

However, we found that our waiting was punctuated by a handful of cheerful visitors. Our visitors' names were Molly, Pookie, Oliver, Star, and Barney. These furry friends quietly entered Cathy's hospital room and simply sat, welcoming the soothing touch of Cathy's hand. In the midst of patients fighting countless illnesses, these gentle dogs brought so much peace, joy, and conversation. They did not come prepared with an eloquent speech to disrupt the suffering of families. They came to simply be with people, and that was certainly enough.

That word, "with," is a favorite preposition in L'Arche communities, because it touches the heart of what we aspire to be. We have been given the gift of community where we daily have the opportunity to "share life with" others. Being with does not require arduous training of any sort. It simply invites one to have the courage to bring their whole person into community – to show up and share the gift of who they are. We are so grateful at Wavecrest for a community of people who simply want to be with us – cat and dog lovers alike!



New Year's changes

by Mary Furlong, House Leader at Abraham House

Both Jazz and John have some exciting new additions to their rooms that they wanted to share with the community.



John has a new blu ray portable DVD player that he is very excited about. The screen is 13.3 inches and he is able to play blu ray DVD's, regular DVD's or CD's on it. It even comes with a battery operated remote, he can control the DVD player without being near it. John usually uses his headphones to watch movies. One of his favorite CD's to play on the DVD player is his Journey CD and his favorite DVD to play is Aladdin.



Jazz had a room makeover this past month and is very enthusiastic about the organizational changes he made to his room. His new bed is a very comfortable double sized bed. Jazz also got new drawers that are bigger and deeper than the drawers he previously had, allowing him to fit more clothes. He watched a worker from Ikea build the drawers which he thought was pretty cool. Jazz also shared that he

added some new storage containers underneath his bed where he keeps his towels, shoes, snorkeling equipment, and umbrella.

Meet Adam

by Mary Furlong, House Leader at Abraham House

Jean's House Q&A series continues!

Mary Furlong: If you could make the sky any color, what would it be and why?

Adam: White, because there is white clouds in the sky.

Mary Furlong: Who do you look up to?

Adam: Carmen. I like going to church and riding the tram with her before and after, she takes me to do a lot of fun things – like to the movies.

Mary Furlong: What is your favorite movie?

Adam: Well, I like Aladdin. My other favorite movie is Home Alone 2 Lost in New York.

Mary Furlong: What do you do in your free time? What are your hobbies?

Adam: I like to walk around because it is good for me and it calms me down. I also like to play drums at Mike's Guitar Center. I enjoy going to the gym too.

Mary Furlong: What else do you want people who are reading this newsletter to know about you?

Adam: Well, I like going out to different places with Carmen and her sister, Mary. I also love wearing my watch. My favorite state that starts with the letter "N" is Nebraska and the letter "T" is Texas.



SAVE THE DATES

Prayer Night:

6:30 pm – 7:30 pm on 4th Monday of each month.

Community Gathering:

Abraham House: Mar 14, May 9, Jul 11, Sept 12, Nov 14.
Jean's House: Feb 8, Apr 11, Jun 13, Aug 8, Oct 10, Dec 12.

Visit us at www.larchewavecrest.org